

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES



ISSN 2277 – 9809 (online)

ISSN 2348 - 9359 (Print)

An Internationally Indexed Peer Reviewed & Refereed Journal


www.IRJMSH.com
www.isarasolutions.com

Published by iSaRa Solutions

HOLISTIC EFFECT OF RESISTANCE, AEROBIC AND YOGA TRAINING ON SELECTED PHYSICAL FITNESS, PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF SECONDARY SCHOOL BOYS OF AGE 14 TO 16 YEARS.....	7
Dr. Kishore Maru	7
Dr. Neetu Joshi.....	7
EFFECT OF YOGA AND AEROBIC EXERCISES ON PHYSIOLOGICAL PARAMETERS OF COLLEGE GIRLS WITH IRREGULAR MENSTRUATION CYCLE.....	14
Dr. Neetu Joshi.....	14
Dr. Kishore Maru	14
Dynamic Change in land use pattern of Bindawaswetlandarea 2000 to 2009.....	24
Ajay Kumar.....	24
Food Security and Food Adulteration.....	29
Tulika Bhatnagar.....	29
Faith and Philanthropy: Exploring the Role of FBOs in Disasters.....	30
Susanta Kumar Jena ¹ Rajnish Ranjan ²	30
Dr. Ambedkar Vision on the Caste Discrimination: A 21 st Century Challenge for Indian Democracy	46
<i>*Dasharath Kumar **Akash Gautam</i>	46
Environment: Eco- Friendly Worldview of Jainism.....	55
Dr. Vikram Singh.....	55
GANDHI'S TRUSTSHIP AND INDIAN ECONOMICS	63
Piyusha Sharma.....	63
Representations of Lower Caste Women: Examining Issues of Labour, Body and Religion.	74
Shubhmay Chauhan	74
Maharaja Express – A Study on the Indian Railway Catering & Tourism Corporation Ltd.....	86
Ms. Neelu Verma.....	86
DOES INDIA NEED A SECOND GREEN REVOLUTION	92
Diksha Chawla & Suman Taneja.....	92
महिला विमर्श	96
Rajesh kumar	96
EDUCATIONAL DEVELOPMENT INDEX (EDI) AS A TOOL TO ASSESS THE.....	100

QUALITY OF ELEMENTARY EDUCATION.	100
CHHAVI GAUTAM	100
Human Right Laws and CSR.....	109
*Inderjit Kaur, Researcher	109
*Rajender Kumar	109
EFFECT OF YOGA AND AEROBIC EXERCISES ON PHYSIOLOGICAL PARAMETERS OF COLLEGE GIRLS WITH IRREGULAR MENSTRUATION CYCLE.....	116
Dr. Neetu Joshi and Dr. Kishore Maru	116
NATIONAL PENSION SYSTEM: A Comparative Analysis.....	125
Haladhara Sahu	125
CA Deepak kataria.....	125
Jayant Hooda.....	125
PENSION SYSTEM IN SWEEDEN.....	128
भारत में राष्ट्रवाद और दलित बहुजन विमर्श.....	142
हरीश सरोहिया	142
MAGIC OF POSITIVE ATTITUDE – HOW DOES IT WORK	165
<i>Dr. Mani Joshi</i>	165
ACADEMIC ACHIEVEMENT OF KARBI STUDENTS IN H.S.L.C. EXAMINATION'S WITH RESPECTS THEIR FAMILY SOCIO-ECONOMICVARIABLES IN KARBI-ANGLONG DISTRICT OF ASSAM.....	169
<i>Dr.Nilima Bhagabati.....</i>	169
Mr.Birat Kumar Panyang.....	169
‘FDI in Retail Sector’: Its contribution towards Economic Growth of India	178
Authors: Dr. Mohammad Shahfaraz Khan	178
Farhan Habib.....	178
Dr. Ataur Rahman Farooqi	178
Economic Impact of Subsidies on Agriculture Sectors in India.....	189
Prof.C.M.Tembhurnekar.....	189
A study on the pitfalls of Work – Life Balance strategies.....	196
Mr. G.M. Shaju	196
Dr.Mohan Kumar R	196

पर्यावरण शिक्षा के प्रति जागरूकता एवं अभिवृत्ति का संस्थान प्रकार के सन्दर्भ में तुलनात्मक अध्ययन.....	206
अमित सिंह मलिक.....	206
Analyzing Quality of Work Life in Universities of Haryana: Evidence from Descriptive Statistics	211
Dr. Kritika.....	211
STREET CHILDREN IN CHANDIGARH: A PRESENT SITUATIONAL ANALYSIS.....	221
Jyoti Ahuja.....	221
विज्ञान के क्षेत्र से किशोरियों का कम लगाव ---कारण एवं निराकरण	236
सुशील कुमार शर्मा.....	236
PUNJABI LANGUAGE PRESS AND WOMEN EDUCATION BEFORE INDEPENDENCE	241
Inderjit Kaur.....	241
“AN ANALYTICAL STUDY OF SOCIO ECONOMIC PROBLEM OF PEOPLE BELONGING TO SLUM AREAS”	250
Sumesh kumari.....	250
DETERMINANTS OF PHYSICAL DEVELOPMENT OF CHILD LABOURERS OF TELANGANA STATE.	255
R. Arunjyothi	255
क्या संस्कृत का समय समाप्त हुआ.....	261
क्तण्णैपगं	261
LIFE INSURANCE SECTOR IN INDIA: A STUDY OF POST REFORM PERIOD	266
Chandan	266
Dr. R.S. Arora	266
Digital Inclusion: Key to Rural Transformation in India.....	282
KM. SUGANDHA VERMA	282
Universality and Legal value of UDHR.....	291
Navditya Tanwar.....	291
बंजारा जाति : भाषा और लोकसाहित्य	302
ANGOTHU VENKAT NAIK	302
MERCHANT BANKING IN INDIA	307
Rajesh Kumar.....	307

6. They off pragmatic general business advice for real world.....	308
SERVICES PROVIDED BY THE MERCHANT BANKERS	308
भारतीय राजनीति मे बढ़ता अपराधीकरण समस्या एवम समाधान.....	315
Deepika Sharma.....	315
LAND OWNERSHIP PROBLEMS FROM THE PERSPECTIVE OF GANDHI AND THE PROBLEMS OF LAND OWNERSHIP IN CHANDRAPUR DISTRICT	319
	319
DR. RAJESHWAR DINKAR RAHANGDALE.....	319
Response to Make in India Campaign	323
<i>Seema</i>	323
EXISTENTIAL TRAIT IN ARUN JOSHI’S “THE FOREIGNER”	330
Dr Archana John Lobo.....	330
Profile & Soundness of NBFCs-D in India during Global Financial Crisis.....	338
Sachin B. Khandare	338
Dr. Kishor L. Salve	338
From ‘Sex’ to ‘Gender’: Theories of Gender Typing.....	345
CHINKEY AGARWAL.....	345
Indian Education System in Ancient India	350
CHARU SETHI	350
Gender Diversity on Corporate Boards in India	355
Jyoti Beniwal	355
Globalization and its impact on world environment.....	360
Mrs. Anita kumari yadav	360
QUESTION OF LIFE AND DEATH BY LAW	365
By ABHISHEK SINGH YADAV	365
EFFECT OF PILATES CALISTHENICS AND COMBINATION OF PILATES AND CALISTHENICS EXERCISE ON SELF-CONCEPT & SELF-ESTEEM OF SCHOOL BOYS	369

Dr Rajeev Srivastava.....	369
• Zeinab Omid Ali, Fahimeh Esfarjani, Effat Bambaiechi, and Mohammad Marandi “The Effects of Pilates Exercise on Blood Pressure and Selective Physical Fitness Components in Sedentary Overweight Females”, <i>British journal of Sports Medicine</i> ; 2010, 44:28.	377
Communal Co-Existence – A case study of Savalagi village in North Karnataka.....	378
Prabudha S. Kamble*.....	378
D. Murahari Naik**	378
B2B e-Commerce.....	382
Munni Rani	382
B2B STRATEGIES	383
A Comparative study on Physical Self-Description among male and female college students .	387
Kumar Anuj	387
A THEORETICAL ASSESSMENT OF ICT TOWARDS THE GROWTH AND DEVELOPMENT OF EDUCATION IN A SUSTAINABLE MANNER.....	394
Ravinder ¹ , Dr. Vaibhav Bansal ²	394
Evaluation of Investment Portfolios of the LIC of India	401
Ram Bhagat.....	401
Continuity and Change: Social Processes till the Seventeenth Century Hindustan.....	409
Amit Chaudhary,.....	409
बीसवी शताब्दी के पुर्वाद्ध में दलितों की स्थिति—बिहार के संदर्भ में.....	416
मोहिनी कुमारी	416
ब्रिटिश भारत में व्यापारिक मार्गों का विकास.....	420
पवन कुमार.....	420
Indian Power Sector Growth.....	424
Dr. Yogita	424
Sustainable Road Infrastructure: A Case Study of Berhampur City of Odisha.....	430
Padmalaya Nanda.....	430
Dr.Kshird Ch. Sunani	430
E-WASTE-E-CYCLE MANAGEMENT	445
Dr Archana Singh	445
Micro Finance and Fisher Women in Coastal Karnataka	459

Dr. S. Gunakar 459
Article 471