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THIS CERTIFIES THAT

**MR. MOHAMMAD AHMAD KHAN**

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**EFFECT OF SIX WEEKS SKILL BASED TRAINING PROGRAMME ON EXPLOSIVE STRENGTH OF  
VOLLEYBALL PLAYERS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 7 , Issue – 1 Jan , 2016



Editor in Chief

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