

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES



An Internationally Indexed Peer Reviewed & Refereed Journal

Impact Factor* : 3.7401

Ref:IRJMSH/2016/A104638

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

DR. HEMLATA GOSWAMI

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

ROLE OF YOGA AND MEDITATION COPING STRATEGY OF MENTAL DISORDERS– STRESS

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 7 , Issue – 5 May , 2016



Editor in Chief

www.IRJMSH.com



Computer Science Directory

