

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES



An Internationally Indexed Peer Reviewed & Refereed Journal

Impact Factor* : 3.7401

Ref:IRJMSH/2013/A10418

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT
CAPT SUNAINA SINGH (RETD)
HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON
**COMPARISON OF PRACTITIONERS OF YOGA AND NON-PRACTITIONERS OF YOGA ON
STRESS, ANXIETY AND COPING STYLES**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 4 , Issue – 1 Apr , 2013



Editor in Chief



www.IRJMSH.com



Computer Science Directory

