IRJMSH

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES

An Internationally Indexed Peer Reviewed & Refereed Journal

Impact Factor* : 3.7401

Ref:IRJMSH/2015/A103839

DOI : HTTPS://DOI.ORG/10.32804/IRJMSH

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

KULJINDER SINGH

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

THE EFFECT OF 12 WEEKS OF S.A.Q DRILLS TRAINING PROGRAM ON SELECTED PHYSIOLOGICAL VARIABLES ON HOCKEY PLAYERS

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 6 , Issue – 9 Sep , 2015

Editor in Chief

www.IRJMSH.com

IRJMSH

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES

An Internationally Indexed Peer Reviewed & Refereed Journal

Impact Factor* : 3.7401

Ref:IRJMSH/2015/A103839

DOI : HTTPS://DOI.ORG/10.32804/IRJMSH

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

DR.NISHAN SINGH DEOL

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

THE EFFECT OF 12 WEEKS OF S.A.Q DRILLS TRAINING PROGRAM ON SELECTED PHYSIOLOGICAL VARIABLES ON HOCKEY PLAYERS

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 6 , Issue – 9 Sep , 2015

Editor in Chief

www.IRJMSH.com