

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES



An Internationally Indexed Peer Reviewed & Refereed Journal

Impact Factor* : 3.7401

Ref:IRJMSH/2015/A102743

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

DR. NAZRUL ISLAM MALICK

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**EFFECTS OF HARNESS RUNNING, SAND RUNNING, WEIGHT – JACKET RUNNING AND
WEIGHT TRAINING ON THE PERFORMANCE OF MUSCULER ENDURANCE AMONG THE 14-18
YEARS MALE SOCCER PLAYERS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 6 , Issue – 1 Jan , 2015



Editor in Chief

www.IRJMSH.com



Computer Science Directory



INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES



An Internationally Indexed Peer Reviewed & Refereed Journal

Impact Factor* : 3.7401

Ref:IRJMSH/2015/A102743

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

MD. KAMRUL HASSAN

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**EFFECTS OF HARNESS RUNNING, SAND RUNNING, WEIGHT – JACKET RUNNING AND
WEIGHT TRAINING ON THE PERFORMANCE OF MUSCULER ENDURANCE AMONG THE 14-18
YEARS MALE SOCCER PLAYERS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 6 , Issue – 1 Jan , 2015



Editor in Chief

www.IRJMSH.com



Computer Science Directory



INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES

An Internationally Indexed Peer Reviewed & Refereed Journal



Impact Factor* : 3.7401

Ref:IRJMSH/2015/A102743

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

MUKUL LET

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**EFFECTS OF HARNESS RUNNING, SAND RUNNING, WEIGHT – JACKET RUNNING AND
WEIGHT TRAINING ON THE PERFORMANCE OF MUSCULER ENDURANCE AMONG THE 14-18
YEARS MALE SOCCER PLAYERS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 6 , Issue – 1 Jan , 2015



Editor in Chief

www.IRJMSH.com



Computer Science Directory

