

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES

An Internationally Indexed Peer Reviewed & Refereed Journal



UGC ID - 48312

Impact Factor* : 7.8012

Ref:IRJMSH/2024/A1019065

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

MR. SHEKHAR MISHRA

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**YOGA FOR YOUTH: ANALYZING THE ROLE OF ASANAS IN MANAGING BMI AMONG OBESE
AND OVERWEIGHT ADOLESCENTS IN JAIPUR DISTRICT SCHOOLS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 15 , Issue – 7 Jul , 2024



Editor in Chief



www.IRJMSH.com



Computer Science Directory



Electronic
Journals
Service



INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES

An Internationally Indexed Peer Reviewed & Refereed Journal



UGC ID - 48312

Impact Factor* : 7.8012

Ref:IRJMSH/2024/A1019065

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

PROF. (DR). VIKAS CHOUDHARY

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**YOGA FOR YOUTH: ANALYZING THE ROLE OF ASANAS IN MANAGING BMI AMONG OBESE
AND OVERWEIGHT ADOLESCENTS IN JAIPUR DISTRICT SCHOOLS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 15 , Issue – 7 Jul , 2024



Editor in Chief

www.IRJMSH.com



Computer Science Directory

