

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT
SOCIOLOGY & HUMANITIES

An Internationally Indexed Peer Reviewed & Refereed Journal



UGC ID - 48312

Impact Factor* : 7.8012

Ref:IRJMSH/2024/A1018930

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (O) 2348 - 9359 (P)

THIS CERTIFIES THAT
MR. SANTOSH KUMAR YADAV
HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON
**EFFECT OF INDIAN TRADITIONAL TRAINING METHOD ON MOTOR FITNESS COMPONENTS
OF WRESTLERS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN
Vol – 15 , Issue – 6 Jun , 2024



Editor in Chief

www.IRJMSH.com



Computer Science Directory



INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT
SOCIOLOGY & HUMANITIES

An Internationally Indexed Peer Reviewed & Refereed Journal



UGC ID - 48312

Impact Factor* : 7.8012

Ref:IRJMSH/2024/A1018930

DOI : [HTTPS://DOI.ORG/10.32804/IRJMSH](https://doi.org/10.32804/IRJMSH)

ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT
DR. VIJAY CHAHAL
HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON
**EFFECT OF INDIAN TRADITIONAL TRAINING METHOD ON MOTOR FITNESS COMPONENTS
OF WRESTLERS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN
Vol – 15 , Issue – 6 Jun , 2024



Editor in Chief



www.IRJMSH.com



Computer Science Directory

