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THIS CERTIFIES THAT

MR. KUSHWAH RAHUL

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**COMPARATIVE EFFECT OF SLOW AND FAST PACES OF SURYANAMASKARA ON AVERAGE
HEART RATE AND VENTILATORY EQUIVALENT**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

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THIS CERTIFIES THAT

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